



Company Technical Guidelines
Dancers that audition for Company,
should be able to do the following:
All ages are approximate.

Level 1: Ages 6-8: Clean marches and skips, gallops with change of feet and arms, chaine turns, pique turns, drag step, single pirouettes working on doubles, gallops into hops, kicks above the waist level, grand jete, knowledge of all ballet positions (feet and arms), splits in 1 direction working on 2.

Level 2: Ages 9-11: Kicks to shoulder level or above, consecutive chaine turns, leaps and layouts, pique turns, double pirouettes working on triples, jetes, switches, back jete, side jete, leg extensions, splits flat in 2 directions working on the 3rd.

Level 3: Ages 12-14: Kick combinations including front kicks above the shoulder level, side pitches, back attitudes, turns including triple pirouettes, pique turns, pique fouettes, fouettes, jumps, flat jetes, switches, back jetes, should be flat in splits all 3 ways and a strong foundation in ballet.

Level 4: Ages 15+: Kick combinations including front kicks above the shoulder level, side pitches, back attitudes, turns including triple pirouettes, double pique turns, pique fouettes, fouettes, fouettes a la seconde, jumps, flat jetes, switches, turning switches, back jetes, should be flat in splits all 3 ways, and a strong foundation in ballet.